








**TAHLEQUAH PUBLIC SCHOOLS ELEMENTARY LUNCH MENU**

**FEBRUARY 2012**

**LUNCH PRICES: STUDENTS - \$1.75 AND ADULTS - \$3.00**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Turkey and Noodles Crackers Green Peas Bananas Chocolate Pudding	2 Salisbury Steak with Gravy Brown Rice Steamed Zucchini Raisin Squares Apple Wedges	3 Grilled Chicken Sandwiches Tomato Soup French Fries Orange Smiles Jello
6 Beef Stew Baby Carrots Broccoli Salad Wheat Bread Seedless Grapes	7 Corndogs Sweet Potato Fries Baked Beans Pickle Spears Mixed Fruit	8 Fish with Tartar Sauce Black-Eyed Peas Coleslaw Cornbread Blueberry Crisp	9 Macaroni and Cheese Ham Slices Brussel Sprouts Oat Rolls Fruit Salad	10 Chicken Fried Chicken Mashed Potatoes and Gravy Asparagus Multi-Grain Bread Grapefruit
13 Chicken Fajitas Grilled Onions and Peppers Pinto Beans Fiesta Corn Spiced Pears	14 Sloppy Joes Ranch-Style Potatoes Cucumber Salad Strawberries Valentine's Cake 	15 Spaghetti with Beef Sauce Mixed Vegetables Breadsticks Pineapple Chunks Popsicles	16 Breaded Pork Chops Mashed Potatoes and Gravy Steamed Broccoli Wheat Rolls Applesauce	17 Pizza Romaine Salad Green Beans Cottage Cheese Apricots
20 Hamburgers Tomatoes, Onions, Pickles Tater Tots Picnic Beans Cantaloupe Chunks	21 Chicken Tenders Egg Rolls w/Sweet&Sour Sauce Stir Fry Veggies Fiesta Rice Strawberries and Bananas	22 Open-Faced Turkey Sandwiches (Bread/Turkey/Mashed Potatoes/Gravy) Carrot and Celery Sticks Apple Wedges with Caramel Dip	23 Beef Lasagna Caesar Salad Italian Style Veggies Garlic Bread Mixed Berries	24 Chicken Americana Hot Buttered Rotini Broccoli and Cauliflower Wheat Rolls Cherry Delight
27 Beef Stroganoff Spinach Salad Roasted Squash Breadsticks Pineapple Tidbits	28 Chicken Pot Pie with Biscuit Topping Winter Mix Veggies Pear Halves Jello	29 Soft Tacos Salsa and Jalapenos Refried Beans Sweet Corn Cinnamon Apples		

Menu subject to change due to availability of food items. A salad bar is available with each meal. A variety of milk is offered with each meal. Extra milk or juice (when available) costs 30 cents.

Breakfast (\$1.00/\$1.50 Adults)		6 Scrambled Eggs; Sausage; Toast	13 Flapsticks	20 Scrambled Eggs; Sausage; Toast	27 French Toast
		7 Biscuits and Gravy	14 Biscuits and Gravy	21 Biscuits and Gravy	28 Biscuits and Gravy
Cereal and Toast Offered As A Daily Alternative	1 Scrambled Eggs; Sausage; Toast	8 Cheese Omelets; Toast	15 Scrambled Eggs; Sausage; Toast	22 Cheese Omelets; Toast	29 Scrambled Eggs; Sausage; Toast
Hot Cereal and Rice: Additional Alternative on Monday/Thursday	2 French Toast Sticks	9 Waffles	16 Pancakes	23 Cinnamon Swirl French Toast	
A Variety of Fruit, Including Raw Fruit, Offered Daily	3 Breakfast Pizza	10 Breakfast Pizza	17 Breakfast Pizza	24 Breakfast Pizza	



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